

Think-Feel-Do

Every day this week, write down one 'think-feel-do' for yourself

<p>What Happened:</p> <p>My brother beat me to the TV & turned on his show.</p>	<p>I Think:</p> <p>Not Fair! I don't want to watch this show.</p>	<p>So I feel:</p> <p>Mad</p>	<p>What I Do:</p> <p>Grab the remote from him</p>
<p>What Happened:</p> <p>I got an A on my Spelling test.</p>	<p>I Think:</p> <p>I did <u>so</u> good!!</p>	<p>So I feel:</p> <p>Proud happy</p>	<p>What I Do:</p> <p>Show my test to my mom</p>
<p>What Happened:</p>	<p>I Think:</p>	<p>So I feel:</p>	<p>What I Do:</p>

