

## TF-CBT Treatment Resources

<b>TF-CBT Treatment Resources</b>		
<b>Children's Books:</b>		
Title	Author	
A Safe Place to Live: A story for children who	Harrison	
A terrible thing happened	Margaret Holmes	
A Very Touching Book... For Little People and for	Jan Kindman	
After A Murder: A Workbook for Grieving Kids	Dougy Center	
After A Suicide: A Workbook for Grieving Kids	Dougy Center	
Andy	Rape & Abuse Crisis Center of Fargo-	
Annie	Rape & Abuse Crisis Center of Fargo-	
Be the Boss of Your Stress	Culbert & Kajander	
Brave Bart	Caroline Sheppard	
Cool Cats Calm Kids - Relaxation and Stress Management for Young People	Williams	
Do You Have A Secret?	Moore-Mallinos	
Double-Dip Feelings	Barbara Cain	
Families Change: A book for children experiencing termination of parental rights	Nelson	
Getting Ready for Court: Criminal Court Edition	Copen, Martin Berry, Pucci	
Hands are not for hitting	Martine Agassi	
Helping Families Heal	Runyon, Cooper & Glickman	
How Are You Peeling? Foods with Moods	Freymann & Elffers	
I Said NO!	King & King	
Is A Worry Worrying You?	Wolff & May Safitz	
Let's talk about coping and safety skills	Stauffer & Deblinger	
Let's talk about taking care of you	Stauffer & Deblinger	
Lots of Feelings	Shelley Rotner	
Maybe Days: A book for children in foster care	Wilgocki & Wright	
Murphy's Three Homes: A story for children in foster care	Levinson Gilman	
My body is private	Lina Walvoord Girard	
On Monday when it rained	Kachenmeister	
Please Tell	Jessie	
Ready...Set...RELAX Book	Allen & Klein	
Relax	O'Neill	
Sam Speaks Out	Grossman	
Sex & Babies: First Facts	Annunziata & Nemiroff	
Something is wrong at my house	Diane Davis	
Telling isn't Tattling	Hammerseng	
The Dog Who Had Kittens	Robertus	
The Feelings Book: The Care & Keeping of Your Emotions	American Girl	

The Lost Children	Goble	
Uncle Willy's Tickles	Aboff	
What is Jail, Mommy?	McGuckie	
What's Happening to Me?	Mayle	
When I Was Little Like You	Porett	
Words are not for hurting	Elizabeth Verdick	
<b>Native Children's Books</b>		
Orca's Family and More NW Coast Stories	Robert Challenger	
Lazy Boy	Anne Cameron	
T'aal: The One Who Takes Bad Children	Sue Pielle	
Raven's Call	Robert Challenger	
Raven Returns the Water	Anne Cameron	
Salmon Boy	Donna Joe	
Raven Goes Berry Picking	Anne Cameron	
Grizzly's Home	Robert Challenger	
How the Loon Lost Her Voice	Anne Cameron	
Raven and Snipe	Anne Cameron	
Eagle's Reflection	Robert Challenger	
Orca's Song	Anne Cameron	
How Raven Freed the Moon	Anne Cameron	
Spider Woman	Anne Cameron	
<b>Parents' Books:</b>		
Ages & Stages	Schaefer & Digeronimo	
Defiant Teens: A clinician's manual for assessment and family intervention	Russell Barkley	
Rewards for Kids: Ready to use charts and activities for positive parenting	Virginia Shiller	
Understanding children's sexual behaviors	T. C. Johnson	
<b>Other Resources:</b>		
Emotional Bingo - child version	<a href="https://www.secure.earthlink.net/www.wpspublish.co">https://www.secure.earthlink.net/www.wpspublish.co</a>	
How are you feeling today? 9x11 poster		
Talking, Feeling & Doing Game		
Treating trauma and traumatic grief in children and adolescents	Cohen, Mannarino, Deblinger	
Turtle Puppet - 1 large		
Turtle Puppet - 2 small		
Ungame - Kid's version		

<b>Clinician Resources:</b>		
TF-CBT for Children and Adolescents	Judy Cohen, MD	
American Indian and Alaska Native Children Mental Health: Development, Context,	Paul Spicer	
Treating Traumatic Stress in Children	Judy Cohen, MD	
<b>Additional Books for Enhanced Toolkit</b>		
Please Tell		
Ready, Set, Relax	Jeffrey Allen, MD	
The Relaxation and Stress Reduction Workbook for Kids	Lawrence Shapiro, PhD	
Peaceful Piggy Yoga	Kerry Lee McLean	
Healing Days: A Guide for Kids Who Have Experienced Trauma	Susan Farber Straus	
Sometimes I am Scared	Jane Annunziata	
Mind Over Basketball	Jane Weierbach	
I'll Know What to Do: A Kids Guide to Natural Disaster	Bonnie Mark, PhD	
Why Are You so Scared: A Child's Book About Parents with PTSD	Beth Andrews	
Tanya and the Tobo Man: A Story for Children Entering Therapy	Lesley Koplow	
All About Adoption: How Families Are Made	Mark Nemiroff	
Be the Boss of Your Pain	Timothy Culbert, MD	
The Right Touch: A Read Aloud Story to Help Prevent Child Sexual Abuse	Julie Nelson	
The Struggle To Be Strong: True Stories by Teens About Overcoming Tough Times	Al Desetta, MA	
What to do When You Dread Your Bed: A Kid's Guide to Overcoming Problems with Sleep	Dawn Huebner	
Where is My Mommy?	Mary Kilgore	
Jenny's Scared! When Sad Things Happen in the World	Carol Shuman	
Porcupette Finds a Family	Vanita Oelschlager	
The Care and Keeping of You: The body Book for Older Girls	Cara Natterson	
Hair, There and Everywhere	Jacqui Bailey	
The Care and Keeping of You: The body Book for Younger Girls	Valorie Schaefer	
Simon's Hook: A Story About Teases and Put Downs	Karen Gedig Burnett	
Shy Spaghetti and Excited Eggs: A Kid's Menu of Feelings	Marc Nemiroff, PhD	
Tiger, Tiger is it True? Four Questions to Make You Smile Again	Byron Katie	
Soda Pop Head	Julia Cook	

Kids Need to Be Safe: A Book for Children in Foster Care	Julie Nelson	
An Exceptional Children's Guide to Touch: Teaching Social and Physical Boundaries to Kids	Hunter Manasco	