

Children's Books:		
Title	Author	Source
Brave Bart	Caroline Sheppard	TLC
Please Tell	Jessie	Hazelden
A terrible thing happened	Margaret Holmes	Dalmation Press
Something is wrong at my house	Diane Davis	Parenting Press
My body is private	Lina Walvoord Girard	Albert Whitman
Hands are not for hitting	Martine Agassi	Free Spirit
Healing Days	Susan Farber Straus	
Words are not for hurting	Elizabeth Verdick	Free Spirit
Sex & Babies: First Facts	Annunziata & Nemiroff	Magination Press
Getting Ready for Court: Criminal Court Edition	Copen, Martin Berry, Pucci	Sage Publications
How Are You Peeling? Foods with Moods	Freymann & Elffers	Arthur A Levine Books
Double-Dip Feelings	Barbara Cain	Magination Press
On Monday when it rained	Kachenmeister	Houghton Mifflin
Lots of Feelings	Shelley Rotner	Millbrook Press
Ready...Set...RELAX Book	Allen & Klein	Inner Coaching
Maybe Days: A book for children in foster care	Wilgocki & Wright	APA
Sam Speaks Out	Grossman	Second Story Press
I Said NO!	King & King	Boulden Publishing
Uncle Willy's Tickles	Aboff	Magination Press
The Lost Children	Paul Goble	Aladdin
After A Suicide: A Workbook for Grieving Kids	Dougy Center	Dougy Center
After A Murder: A Workbook for Grieving Kids	Dougy Center	Dougy Center
Do You Have A Secret?	Jennifer Moore-Mallinos	Barrons Educational Series
Is A Worry Worrying You?	Wolff & May Safitz	Tanglewood Press

	The Feelings Book: The Care & Keeping of Your Emotions	American Girl	American Girl Pub.
	Cool Cats Calm Kids - Relaxation and Stress Management for Young People	Mary Williams	Impact Publishers
	What's Happening to Me?	Peter Mayle	Lyle Stuart
	Murphy's Three Homes: A story for children in foster care	Jan Levinson Gilman	Magination Press
	Families Change: A book for children experiencing termination of parental rights	Nelson	Free Spirit
	American Indian Children and Mental Health	Spicer, Farrell, Sarche, Fitzgerald	
	Once I was Very Very Scared	Chandra Ghosh Ippen	
	Talk about Touch	Sandra Kleven	
	Trauma Focused CBT for Children and Adolescents	Cohen, Mannarino, Deblinger	
	Parents' Books:		
	Rewards for Kids: Ready to use charts and activities for positive parenting	Virginia Shiller	American Psychological Association
	Ages & Stages	Schaefer & Digeronimo	Wiley
	Defiant Teens: A clinician's manual for assessment and family intervention	Russell Barkley	Guilford Press
	Understanding children's sexual behaviors	T. C. Johnson	New Harbinger Publications
	Other Resources:		
	What do you know?	Cares Institute	
	Talking, Feeling & Doing Game		
	Emotional Bingo		Amazon
	How are you feeling today? 9x11 poster		

	Turtle Puppet - 2 small		
	Treating trauma and traumatic grief in children and adolescents, Second Edition	Cohen, Mannarino, Deblinger	
	Raven and Snipe	Anne Cameron	
	Salmon Boy: A Legend of the Sechelt People	Donna Joe	
	Raven's Call and More Northwest Coast Stories	Robert James Challenger	
	Grizzly's Home and Other Northwest Coast Children's	Robert James Challenger	
	Orca's Family and More Northwest Coast Stories	Robert James Challenger	
	Eagle's Reflection and Other Northwest Coast Stories	Robert James Challenger	
	Ch'Askin: A Legend of the Sechelt People	Donna Joe	
	T'Aal: The One Who Takes Bad Children	Sue Pielle with Anne Cameron	
	How the Loon Lost Her Voice	Anne Cameron	
	Orca's Song	Anne Cameron	
	Lazy Boy	Anne Cameron	
	Raven Goes Berrypicking	Anne Cameron	
	Storm Boy	Paul Owen Lewis	
	Enhanced Toolkit list in addition to above		
	The Relaxation & Stress Reduction Workbook for Kids	Shapiro	
	Peaceful Piggy Yoga	Maclean	
	Sometimes I am Scared	Annunziata	
	Mind Over Basketball	Weierback	
	Why are you So Scared? A Child's book About Parents with PTSD	Andrews	

	Tanya and the Tobo Man; A story for Children entering Therapy	Koplow	
	All About Adoption: How Families are Made	Nemiroff	
	The Right Touch: A Read Aloud Story to Help Prevent Child Sexual Abuse	Kleven	
	The Struggle to be Strong: True Stories by Teens About Overcoming Tough Times	Desetta	
	What to do when you dread your bed	Huebner	
	Where is my mommy?	Kilgore	
	Jenny is Scared: When Bad things Happen in the World	Shuman	
	Porcupette Finds a Family	Oelschlager	
	The Care and Keeping of You: The Body Book for Older Girls	Natterson	
	The Care of Keeping of You: The Body Book for Younger Girls	Schaefer	
	Simon's Hook, A Story about Teases and Put Downs	Burnett	
	Shy Spaghetti and Excited Eggs: A Kid's Menu of Feelings	Nemiroff	
	Tiger, Tiger is it True: Four Questions to Make you Smile Again	Katie	
	Soda Pop Head	Cook	
	Kids Need to be Safe: A Book for Children in Foster Care	Nelson	
	An Exceptional Children's Guide to Touch: Teaching Social and Physical Boundaries to Kids	Monasco	
	What to do When you Feel Too Shy: A Kids Guide to Overcoming Social Anxiety	Freeland, Toner & McDonnell	

	The Invisible String	Karst & Stevenson	
	Understanding Myself: A Kid's Guide to Intense Emotions and Strong Feelings	Lamia	
	Emotions! Making Sense of Your Feelings	Lamie	
	How to Feel Good: 20 Things Teens Can Do	Mangan	
	Amazing You! Getting Smar About your Private Parts	Saltz & Cravath	
	When Fuzzy was Afraid of Big and Loud Things	Maier & Candon	
	The PTSD Workbook for Teens: Simple Effective Skills for Healing Trauma	Palmer	
	I'm Not Bad, I'm Just Mad: A Workbook to Help Kids Control Their Anger	Shapiro, Pelta-Heller & Greenwald	
	Learning to Listen, Learning to Care: A Workbook to Help Kids Learn Self-Control and Empathy	Shapiro	