



## Training Opportunities for Fee

The following training opportunities are available for a fee:

### 1. Honoring Children, Mending the Circle (Cultural Adaptation of Trauma Focused Cognitive Behavioral Therapy)

Training in the clinical treatment of child physical and sexual abuse is based on the cultural adaptation of Trauma Focused Cognitive Behavioral Therapy titled Honoring Children, Mending the Circle. Training participants will receive three days of intensive training on Honoring Children, Mending the Circle, a corresponding training manual that includes treatment protocols and cultural worksheets, a training/resource CD, and six months of weekly phone consultation. Instruction will include didactic and experiential activities that are based on Indigenous teachings and practices.

### 2. Trauma Focused Cognitive Behavioral Therapy

TF-CBT is a clinic-based, individual, short-term treatment that involves individual sessions with the child and parent as well as joint parent child sessions. TF-CBT should be provided to those children (ages 4 to 18) who have significant behavioral or emotional problems that are related to traumatic life events, even if they do not meet full diagnostic criteria for PTSD. Treatment results in improvements in PTSD symptoms as well as in depression, anxiety, behavior problems, sexualized behaviors, trauma-related shame, interpersonal trust, and social competence.

### 3. Honoring Children, Making Relatives (Cultural Adaptation of Parent Child Interaction Therapy)

Honoring Children, Making Relatives incorporates American Indian and Alaskan Native teachings into the basic format of Parent-Child Interaction Therapy. Included in the curriculum are the issues of implementation and dissemination of evidence-based interventions in rural and/or isolated tribal communities with limited licensed professionals. Procedures are in place for assisting, measuring and monitoring the skills acquisition and treatment fidelity for rural/isolated or reservation based therapist-trainees. Online video consultation is available in live remote real-time for coaching sessions. This treatment is appropriate for children between the ages of 3 to 7 years of age. Participants interested in the cultural adaptation must be skilled in the original PCIT model prior to training in Honoring Children, Making Relatives.

If you are interested in organizing a training event please contact Dolores Subia BigFoot, PhD at (405) 271-8858 or at mail to: [dee-bigfoot@ouhsc.edu](mailto:dee-bigfoot@ouhsc.edu).

