

We Are an Honor Based Society

Shame has replaced Honor
Shame has become the pathway to
adulthood

Shame has become our story
Honor moves us toward Sacredness

When we honor others,
we acknowledge our own Sacredness

Sacredness brings Humility

When there is Humility,
there can be Tears

There is no Shame in Tears

When we apply our teachings,
we Honor our Ancestors

When we learn from their stories,
we Honor our future

When we are good relatives,
we understand the role we play in
helping others

When we are good relatives,
we engage in ceremony

When we have Honor,
we Respect and Uplift



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“Our first teacher is our own heart.”

Cheyenne Proverb

Picture courtesy of Northern Cheyenne Cultural Camp